

BBC Newsletter – October 2023

“Take your sickle and reap, because the time to reap has come, for the harvest of the earth is ripe.”

(Revelation 14:15)

BBC is: “Reaping the Harvest God Promised”

Reaping Gods Promises

Contributors: Earl and Barbara Rump



The Story of Earl and Barbara Rump

Reaping Gods Promises is to know God and His promises to his children. It takes faith to believe his word, his promises, and that Jesus Christ, his son, bled, died and rose on the 3rd day to save us as promised. Jeremiah 33:3 "Call unto me and I will answer thee and show thee great and mighty things which though knows not. I know that is Gods phone number. Tell him about your job, your children, Sickness, troubles and all your needs. I tried him and I know he will answer your prayers.

Earl's Story:

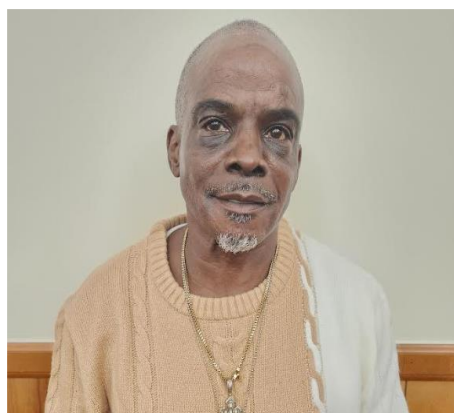
After months of seeking a new job to care for my family, I prayed all night for Gods help. The next morning, he revealed to me to go for a job interview that I saw in the morning newspaper. Upon arriving there, a fellow, I never knew, called my name to see the store manager Maxie. Now Maxie was a co-worker at my previous job where I was fired on false accusations. He overheard that conversation that day and knew it was false. He hired me immediately for the new job. I believed the promise of Jeremiah 33:3. Reaping Gods promises doesn't mean life will be easy. You will have struggles, trials, and tribulation, but God will be there with you to see victory through it all. You will see the fruits of life's labor when you believe his promises. God promises to never forsake or fail you can never lie.

Barbara's story

Psalm 23: The Lord is my shepherd; I shall not want." has been my life's entire direction. Psalm 55:22 "Cast your burdens on Lord..." and leave it there. This is what I did when my husband died. With four children to raise, I prayed earnestly to God for help. He sent me a song "The Lord will make a way somehow" and the scripture Psalm 128: 6 "May you live to see your children's children..." as his answer. Today, 50 years later, my children have children and grandchildren. I'm praying for great-grand number nine March 2024. And for the past 14 years I have a new God fearing, loving husband Earl. God is so good. Remember to depend on God's promises and reap his benefits. Trust and never doubt that God will be with you always.

Meet BBC's Newest Members

Contributor: Randy Gilbert



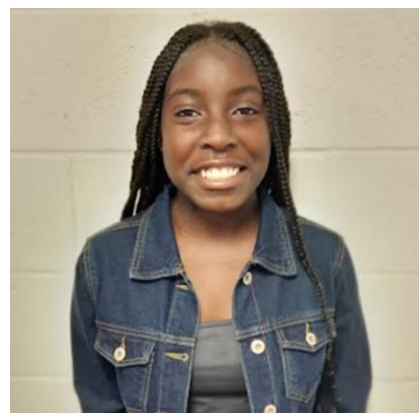
Raymond Belton

Fun Fact:
Loves Playing Sports



Jerome Binard

Fun Fact:
Loves to Sing



Zayla Bouknight

Fun Fact:
Plays 2 Instruments



**Beverly
Bowers**

Fun Fact:
Loves the Lord
and People



**Jasmine
Boyd**

Fun Fact:
Loves
Working with
Children

Mark Your Calendar

- Oct 14th
- Oct 14th 7:30 am - 7:00 pm
- Oct 19th 10:30 AM
- Oct 21st Noon
- Oct 31st 6:00-8:00 p.m.

October Events

- Prisma Health Breast Cancer Walk
- Jr. Brotherhood day of fellowship, learning, and fishing
- Seniors trip to the South Carolina State Fair.
- BBC Octogenarian Plus Celebration
- Hallelujah Night

Around Town

- | | | |
|---------------|---|-----------------------------------|
| Oct 1st | ColaJazz Fest | SC State Museum |
| Oct 1st | Columbia Con- ComiCon | Embassy Suites Columbia Greystone |
| Oct 11th-22nd | SC State Fair | SC State Fair grounds |
| Oct 21st | The Capital City Blues Festival | Colonial Life Arena |
| Oct 27th | Craftsmen's Classic Art & Craft Festival | SC State Fair grounds |
| Oct 28-29 | Hot Wheels Monster Trucks Live Glow Party | Colonial Life Arena |

Cooking Tip:

Contributor: Larrie Thomas

CRAB DIP

This crab dip has always been a perfect staple for all of my starter appetizers. This recipe came from Alice Johnson, a good friend of my low country family. On a few occasions I had to triple up on this recipe also the crackers. I add a pinch of (O'bay) and that took it to another level. You must take this dish to your next covered dish event. Just take more than you need. This is the only warning I can give you, it's good. Try it you'll enjoy it.

- 1 (6-1/2 oz.) Can crabmeat, drained
- 1 (8 oz) Package cream cheese, softened
- 1 Tablespoon Chives
- 2 Tablespoons mayonnaise
- 1 Teaspoon horseradish
- 2 Teaspoons lemon juice
- 1/8 Teaspoon red pepper sauce

Preheat oven to 350 degrees. In medium bowl combine all ingredients. Spoon into small baking dish. Bake 15 minutes or until heated through. Serve warm with crackers or chips. Makes about 1 ½ cups.

Greetings Bethlehem Ministry Leaders,

We pray all is well. There have been some changes made to submitting announcements for all ministries. The changes below will go into effect immediately.

- Announcements should be sent to the Media Ministry at: BBCCPInfo@gmail.com
 - The announcements should be submitted in 2 week increments (example: 1st and 2nd Sunday; then 3rd and 4th Sunday)
 - The deadline to submit announcements is Tuesday at 12:00 PM
- If you have a video request, please submit it 3 weeks before the Sunday that it needs to be shown on the screens.
- If you have a flyer request, please submit it by the 14th of each month to Mrs. Boykin at bbcfamily1028@outlook.com.

If you have any additional questions or concerns, please send an email to BBCCPInfo@gmail.com

Thanks in Advance,
BBC Media Ministry

Money Tips: Contributor: Jen Gooden

21 ways to save money.

1. Count your coins and bills and save them.
2. Prep for grocery shopping, look for coupons.
3. Meal prep or cook ahead
4. Shop discount and bulk stores.
5. Buy Generic
6. Minimize restaurant spending.
7. Check for discounts on entertainment.
8. Plan out major purchases.
9. Restrict unnecessary online shopping.
10. Get creative with gifts.
11. Shop consignment and thrift stores.
12. Reduce your gas usage.
13. Bundle cable and internet.
14. Switch your cell phone plan.
15. Reduce your electric bill.
16. Cancel unnecessary subscriptions.
17. Create a budget.
18. Sign up to get free items.
19. Stock up on household supplies when they're cheap.
20. Attend free community events.
21. Consider a side hustle to bring more money in.

Harvesting good fruits of the Spirit.

“But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Galatians 5:22-23 NKJV

Love “Beloved, let us love one another, for love is of God; and everyone who loves is born of God and knows God.” 1 John 4:7 NKJV

Joy “A merry heart does good, like medicine, but a broken spirit dries the bones.” Proverbs 17:22 NKJV

Peace “And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” Philippians 4:7 NIV

Patience “The end of a matter is better than its beginning, and patience is better than pride.” Ecclesiastes 7:8 NIV

Kindness “Whoever pursues righteous and kindness will find life, righteous, and honor.” Proverbs 21:21 ESV

Goodness “Turn from evil and do good; then you will dwell in the land forever.” Psalm 37:27 NIV

Faithfulness “A faithful person will be richly blessed, but one eager to get rich will not go unpunished.” Proverbs 28:20 NIV

Gentleness “Be completely humble and gentle; be patient, bearing with one another in love.” Ephesians 4:2 NIV

Self-control “He who is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city.” Proverbs 16:32 NKJV

Tax Tips:

Contributor: Eleanora Spann / Spann Tax Consulting & Notary Inc.

HOME TAXES/ TAX RETURNS

How Long to Keep Tax Returns and Records

How long to keep tax returns and records? Not surprisingly, we get asked this question a lot by people looking for a cutoff date to toss paperwork relating to taxes that they have been saving for years. The answer depends on the type of document and the kinds of transactions you engage in.

Tax returns

As a rule, you should keep your tax returns for at least three years from the due date of your return. That's how long the IRS has to question items on your return and to bill you for any additional tax. It's also the timeframe to file an amended return to seek a refund. IRS can go back up to six years if your return omits more than 25% of income. If fraud is proven, there is no limit. State tax returns may have to be retained for a longer time.

Tax Returns and Records You Should Keep for Longer

Don't automatically throw out all of your tax returns and records after three years. Look over old documents to see if you might need any parts of them in the future. Here are some common examples of records and returns that you should keep longer than three years. Also, records on costs of business assets, depreciation, etc., should be retained for decades.

Real Estate:

Keep records that establish the adjusted basis of real estate. Save settlement sheets from property purchases. Preserve receipts and invoices for property improvements. Maintain separate folders for each property if you have multiple real estate holdings. Retain all files for at least three years after disposing of the property. Maintaining these records will make it easier to calculate the adjusted basis of your real estate investments.

Securities:

The same rules that apply to real estate apply to securities transactions. Be sure to keep your purchase documents for taxable mutual funds, stocks and the like. You'll need to include the purchase date and cost on your return in the year you sell the assets. Among other records to maintain: Those showing stock splits, dividend reinvestments and nontaxable distributions. If you invest in bonds or Treasury bills or notes, track when these securities mature.

IRAs and 401(k)s:

If you've made nondeductible pay-ins to IRAs or post-tax pay-ins to 401(k)s: Save records until three years after the accounts are depleted. File Form 8606 with your return for the year you make a nondeductible IRA contribution. If you don't, those contributions will be treated the same as deductible pay-ins when withdrawn. Retain copies of Form 8606 and your 1040s for each year that such pay-ins are made. Hold on to Form 5498 or similar statements reflecting the amount of IRA payouts. If you inherit property or receive property as a gift, heed this advice.

Businesses:

Businesses should hang on to payroll tax records for a minimum of four years after the due date for filing Form 941 for the fourth quarter of a particular year. Among the information to be retained:

Have you tried these local restaurants?

Beni Hibachi	3315 Farrow Rd	Asian with a southern flair
COA	823-A Lady St	Upscale Mexican
The Grand	1621 Main St	American
J's Corner Restaurant & Bar	1015 Rosewood Dr	American
Poogan's Southern Kitchen	4605 Forest Dr	Southern
Silk Restaurant & Lounge	902 Gervais St	Upscale fusion

Answers to Just for Fun:

Asparagus Cabbage Rhubarb Strawberries Sweet Corn

Travel: Most Popular Day Trips BY TREKSPLOERER Contributor: Jennifer Gooden

Greenville, SC

Get a taste of southern charm in the enchanting city of Greenville, SC, just an hour and 40 minutes from Columbia. An attractive downtown, great food, and beautiful natural surroundings make Greenville a dreamy place to spend a few hours.

Augusta, GA

An hour and 20 minutes from Columbia, you'll find the exciting city of Augusta, GA. While it's a fantastic city for golfing, there's much more to Augusta than the Masters. Delve into art, culture, and great outdoor activities as you explore this vibrant Georgia city.

Beaufort, SC

Lose yourself in the nautical charm of Beaufort, SC, two hours and 30 minutes away from Columbia. On arrival, you'll be greeted with historic architecture and interesting cultures on the stunning Port Royal Island.

Congaree National Park, SC

Escape to the ancient woodlands of Congaree National Park, one of the oldest and tallest forests east of the Mississippi. Just a 30-minute drive from Columbia, Congaree National Park offers incredible scenery and biodiversity.

Camden, SC

History buffs will have a fantastic time exploring Camden, SC. A 36-minute drive from Columbia, Camden is a great choice for a last-minute day out. Stroll the quaint downtown, visit endless historic sites, and delve into an interesting equestrian heritage.

Charleston, SC

A two-hour drive from Columbia is the vibrant city of Charleston, SC. Straight out of a vintage postcard, this historic port city will captivate you with its cobblestone streets, historic districts, and pastel houses. Whether you love city culture or beachside adventures, Charleston offers delights at every turn.

Spartanburg, SC

If you're looking for a day trip full of history, culture, and outdoor fun, you'll find it all in Spartanburg, SC. The city is just an hour and 30 minutes away from Columbia and is brimming with American Revolution sites, creative endeavors, and hiking trails.

Parris Island, SC

For any history buff or patriot, Parris Island is one of the most popular day trips from Columbia, SC. As the oldest continuously operating Marine Corps recruit training facility in the US, it's rich in history and heritage. Take the two-hour and 30-minute drive from Columbia for an educational experience as well as stunning natural surroundings.

Email Security

I am sure most of us received an email and wondered if it was legitimate. There are scammers that send out emails that appear to be from a well-known source but if you dig into the email, it's not. This scam technique is referred to as "phishing". The goal is to get your pertinent information (name, SS#, DOB, phone number) to include your finances (credit card information). Below is an example where I received an email that appeared to be from UPS. To see the sender's email information, you have to open the email and click on the drop-down box as shown below. Take notice of all the information that is noted. These are the things to look for.

The screenshot shows an email header with several red callout boxes pointing to suspicious elements:

- Drop-down Box:** Points to the sender's name "UPS Shipping".
- Spelling:** Points to the word "Shipping" in the sender's name.
- Not from UPS - Bogus:** Two callouts point to the sender's email address: "XUEPPUVAOAEWORRAPQSKEE...@jghfvz96.kib3.site" and "via nam02-dm3-obe.outbound.protection.outlook.com".
- Not my Email:** Points to the recipient's email address "randygilbert7@gmail.com".
- Not from UPS - Bogus:** Points to the "Standard encryption (TLS)" security icon.

The email header text is as follows:

Failed-delivery:#JKJWN_Ups Inbox x

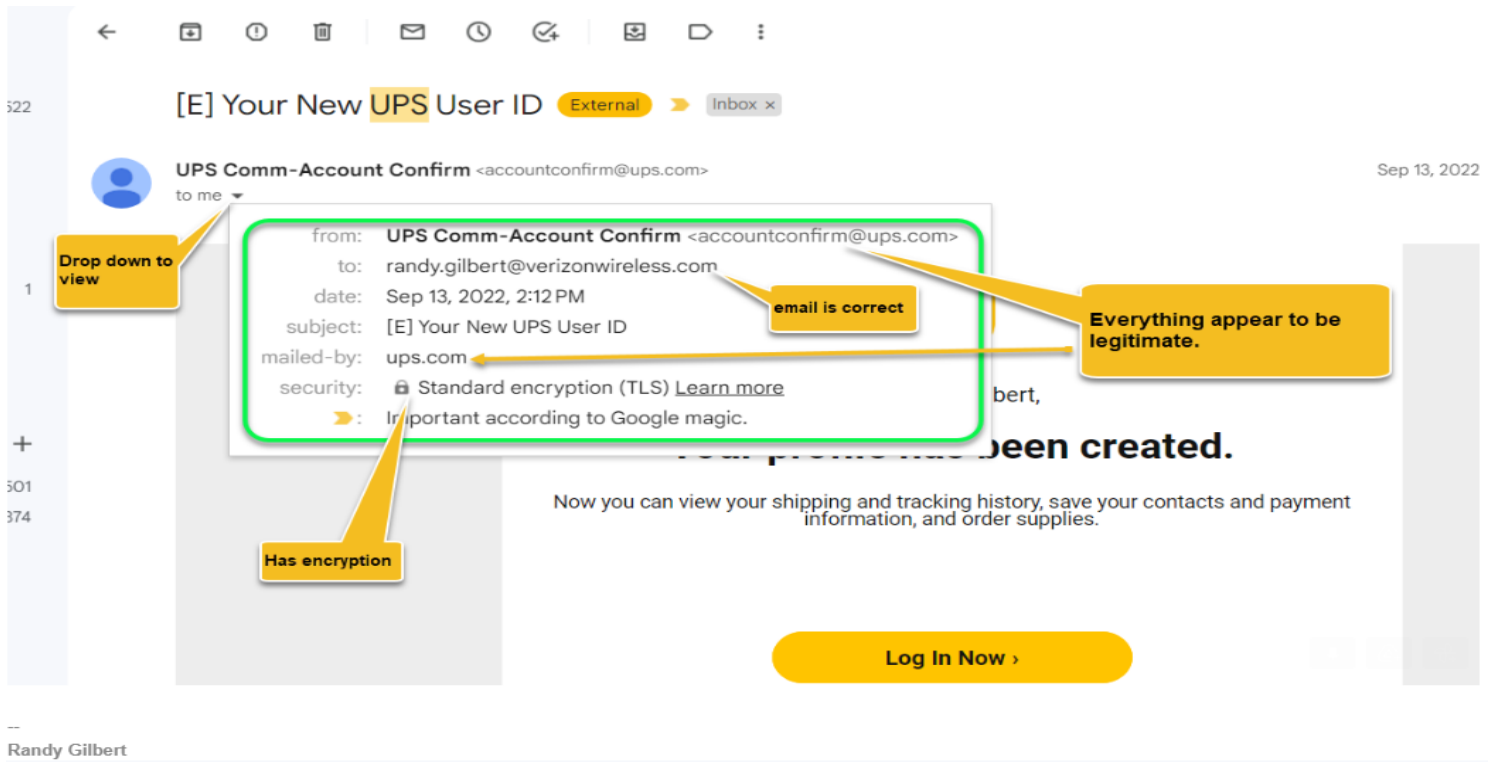
UPS Shipping XUEPPUVAOAEWORRAPQSKEE...@jghfvz96.kib3.site via nam02-dm3-obe.outbound.protection.outlook.com to randygilbert7

from: UPS Shipping <XUEPPUVAOAEWORRAPQSKEEDYRHAWK_2510@jghfvz96.kib3.site> via nam02-dm3-obe.outbound.protection.outlook.com
to: randygilbert7@gmail.com (Yes, this is you.) [Learn more](#)
cc: randygilbert7@gmail.com (Yes, this is you.) [Learn more](#)
date: Sep 16, 2023, 11:01AM
subject: Failed-delivery:#JKJWN_Ups
mailed-by: nam02-dm3-obe.outbound.protection.outlook.com
security: Standard encryption (TLS) [Learn more](#)

Below the header is a banner image of a UPS delivery truck with a driver. A tracking ID "58412233520000" and a "TRACK Q" button are visible.

Just for the fun of it, I did click on the link to see what they were asking for. They ask for name, phone, and email (why ask for my email if you already emailed me). Lastly, they asked for credit card information (nine times out of ten, if something is being shipped to you, you already paid for it or don't have to pay anything).

Below is a legitimate email from UPS. Just like before, take note of the notes:



These are just basic things to beware of when trying to discern if the email is from a legitimate source. Once a scammer gets your sensitive information, they could not only wipe you out financially but ruin your credit. It basically boils down to using common sense.

When to Go to the ER, Urgent Care or Your Doctor?

Prepare now, before an you need a doctor's care.

- Know which facility is covered under your insurance and the deductible.
- Keep a file containing your insurance cards, medications you are taking, chronic conditions and operations, and allergies (particularly drug allergies).

When should I go to the ER?

According to UnitedHealth, a trip to the emergency department can cost 12 times more than a typical doctor's office visit. Everything is more expensive in the ER with the average ER visit around \$2,200, and that doesn't include procedures or medications. Emergency departments are set up to treat the most severe symptoms. Examples of when emergent care is needed and 911 should be called immediately if you or a loved one is:

- Choking
- Having breathing difficulties or has stopped breathing.
- Suffering from a head injury, particularly if it's causing fainting or confusion.
- Suffering from a neck or spine injury, especially it's accompanied by loss of feeling or inability.
- Suffering from an electric shock or lighting strike.
- Severely burned.
- Having severe chest pain or pressure.
- Having a seizure(s) that lasts between three and five seconds.

Where to go if you don't need the emergency department?

Urgent care clinics are designed for non-life-threatening injuries and illnesses, and you can walk in without an appointment. Urgent care copays are two to three times higher than primary care copays. However, in a pinch, urgent care centers are ideal for treating:

- Small cuts that may require stitches
- Flu and bad colds
- Sprains and muscle pulls
- Shortness of breath
- Fever and headache
- Diarrhea and vomiting
- Abdominal pain
- Sinus infections
- Ear infections
- Minor eye injuries
- Minor fractures

When should you go to your primary care physician?

If you can get a primary care appointment, your doctor's office is a better choice over an urgent care or walk-in clinic. Why? Your PCP knows your history, knows what medications you're taking and should have a more complete picture of your overall health. Examples of care available through primary care:

- Cold, flu and sore throat
- Ear, sinus, or urinary tract infection
- Headaches and muscle pains
- Stomach pains, nausea, diarrhea, or constipation
- Minor scrapes or bruises
- Managing chronic diseases, such as diabetes and high blood pressure
- To get referrals for specialists

Which five SC Crops are NOT usually harvested in October?

Apples

Broccoli

Grapes

Peas

Potatoes

Strawberries

Asparagus

Cabbage

Greens

Pecans

Rhubarb

Sweet Corn

Beans

Cucumbers

Onions

Peppers

Squash

Tomatoes

Family Zone

Contributor: Jennifer Gooden

Make a pinecone garland or wreath.

Take the family out for a walk around the neighborhood and gather pinecones. Always bake the pinecones for 90 minutes at 200 degrees Fahrenheit to remove mold and bugs.

A) For Garland you will need about 40 med pinecones, Jute cord, and scissors.

- 1) Tie a 6-inch piece of jute cord in between and around the bottom of each of your pinecones.
- 2) Space evenly and tie each pinecone to a 5 ft long jute cord.

B) For wreath you will need about 40-50 various sized pinecones, grapevine wreath or wire wreath, and hot glue.

- 1) Glue largest pinecones onto the grapevine or wire wreath placed evenly spaced apart.
- 2) Fill in the spaces with medium pinecones then smallest pinecones.
- 3) Add ribbon, bows, or other decorations as desired.

